

# SAFETY TIPS



Bullying and racism have no place in our schools and society in general.

Whether you're on the bus, train, or walking to or from school, your safety matters.

To help keep you and others safe on any day of the year you can follow these basic safety tips.

## KEEP IN MIND:



Always be aware of your surroundings

Let your parents or guardians know where you are and how to contact you.

Stick to busy well-lit public routes, avoid shortcuts & never accept a lift from someone you don't know.

On trains, look for busy carriages and stay on the lower deck of a bus if possible, near to the driver.

Don't be embarrassed to make noise to attract attention and scare off anyone who is threatening you.


If anyone is harming or bullying you then tell an adult you trust such as a teacher or your family.

Wherever you are, be aware of how to make an emergency telephone call.

**In an emergency always dial 999**

 0800 456 1226

 0734 184 6086

 0115 707 00 07

 @TellMamaUK

 @Tellmamauk

 info@tellmamauk.org